Ride Clwyd briefing - June 9th 2024

This pack contains 2 items:

- 1. This briefing
- 2. Your rider number (thin long slip of card)

Start Procedure - There is no startline. Because there is no timing you do not need to gather in one spot

Rideventures staff (in light blue vests) will **come to you** in the car park, they will log your seatpost number and then you are free to set off **in your own time**. If you come by bike, find a starter and get your seatpost number noted

Start times

- Long Route 100milers 7.30am to 8.30am
- Medium Route 70milers 8.30am to 9am
- Short Route 50milers 9am to 9.30am

These times relate to when food stops open around the route

Food Stop closing times - Food 1 (just for Long Route) closes at 12, Food 2 (Long and Medium Routes) at 2pm, Food 3 (all Routes) at 4pm - there's a Water Only stop on the Long Route in the forest too

Follow the Highway Code

Help - Assistance number to call - **07722 111004** (add it to your phone) - we have a mechanic and medic on the routes, and broom cars circulating

Signs - Long Route - follow Yellow signs with Black arrows all way around

Medium Route - same as Long until the 2nd Route Split (mile 18.9) and then RED signs with Black arrows until you rejoin the Long just before the Food Stop - then back on Yellows all way back to Broughton

Short Route - same as Long until the 1st Route Split (mile 12.2) - then Blue signs with Yellow arrows until you rejoin the Long before the Food Stop at mile 24.5 - then back on Yellows all way back to Broughton

Finish - complete your ride at the white Rideventures pergola at Broughton - get crossed off the log sheet and $\underline{pick}\ \underline{up}\ a\ \underline{medal}$ - the cafe will have food and drink to purchase

Important - if you **abandon** your ride or head home without picking up a medal - **text us** to say you have finished - otherwise we'll go looking for you!